

# Learner Practical Assessment Guide

*HLTAID009*

Provide Cardiopulmonary Resuscitation



# PRACTICAL ASSESSMENT ACTIVITIES

<b>Title</b> ( <i>Mr, Mrs, Dr etc</i> )	<input type="text"/>	
<b>Name</b> ( <i>as it appears on USI Register</i> )	<input type="text"/>	
<b>Contact details</b>	phone: <input type="text"/>	
	email: <input type="text"/>	
<b>USI number</b>	<input type="text"/>	
<b>Unit Name</b>	HLTAID009 Provide Cardiopulmonary Resuscitation	
<b>Date of assessment</b>	<input type="text"/>	
<b>Learner Declaration Learning and Assessment.</b>	By signing below, I declare that: I can complete the physical requirements of the assessment activities. I authorise the RTO to obtain any registered USI number or discuss any issues with the USI office if required. I have been provided with access to the online learning and Assessment material	
	<b>Signature of Learner</b>	<input type="text"/>

# PRACTICAL ASSESSMENTS

## LEARNER INSTRUCTIONS

You are to complete a series of practical assessments based on real life scenarios that you may come across in your workplace. These will be completed during the face-to-face practical workshop component of this unit. You will be required to demonstrate the application of emergency first aid skills in a simulated workplace or community incidents.

Your assessor will use the observation checklists contained in this section of the Assessment Guide to assess your performance as satisfactory or not yet satisfactory. You may refer to the checklists during the trainer's explanation and demonstration of the activity and while practicing the task, however, to ensure the assessment simulates a real life first aid response, you will be unable to reference it while demonstrating your skills in the assessment task.

To achieve competency for the unit, you must complete all tasks satisfactorily. If you do not achieve this on the first attempt, your assessor will ensure you have the time to practice the task again and will observe you when you feel confident to undertake the assessment again.

If you have any learning or physical needs that make completing these tasks difficult, please discuss with your trainer at the beginning of class to establish any reasonable adjustments we can make to facilitate you completing the task.

However, please note we cannot adjust the need to perform CPR as outlined as follows:

- Uninterrupted CPR for at least 2 minutes on an adult manikin placed on the floor.
- Uninterrupted CPR for at least 2 minutes on a child manikin placed on the floor ( not assessable)
- Uninterrupted CPR for at least 2 minutes on an infant manikin placed on a firm surface.

# ASSESSMENT TASK 1

## MANAGING AN UNCONSCIOUS BREATHING CASUALTY

### Learner Instructions:

You have been called to attend to someone in your workplace who is unconscious on the floor but still breathing.

You are to demonstrate:

1. the DRSAB primary assessment
2. effective management of the unconscious breathing casualty.

Your assessor will use the Checklist below to record the outcomes of the observation.

Learner's Name:		
<b>Observation Checklist</b>		
The learner demonstrated the following:	Attempts S/NS	
	First	Second
DANGER - Recognise and assess an emergency situation ensuring safety to self bystanders and casualty		
RESPONSE - used talk and touch method to elicit a response.		
SEND - Called 000 or delegated task to bystander, got help from others, sent for equipment - AED, first aid kit, PPE including resuscitation shield gloves etc.		
AIRWAY - checked for potential blockage in mouth. No blockage found. - opening the airway using head tilt and chin lift method.		
BREATHING - checked for evidence of normal breathing by: <ul style="list-style-type: none"> <li>● Assessing for signs of normal breathing for approx. 10 seconds by: <ol style="list-style-type: none"> <li>a. looking across the chest for consistent rise and fall</li> <li>b. listening and feeling for air escaping from the nose and mouth</li> <li>c. feel for consistent rise and fall movements of breaths</li> </ol> </li> <li>● Identified that the casualty is breathing normally</li> </ul>		
Rolled the casualty onto their side by: <ul style="list-style-type: none"> <li>● preparing the body with closest arm across the chest, other arm out of the way, closest knee up and pushing body away by the knee and shoulder</li> <li>● minimising twisting and maintaining alignment of the casualty's neck and spine.</li> <li>● opening the airway and face slightly toward the ground without twisting the neck.</li> <li>● checking for breathing again and perform head-to-toe examination to look for other injuries</li> <li>● Treating for shock by covering with a blanket, jackets or suitable alternative.</li> </ul>		
Displayed respectful behaviour towards casualty		
<b>Assessment Outcome</b>		
The learner satisfactorily demonstrated all tasks: <input type="checkbox"/> Yes <input type="checkbox"/> No		
The Outcome for this Assessment Activity is: Not Yet Satisfactory <input type="checkbox"/> Satisfactory <input type="checkbox"/>		

Feedback to Learner	
Assessor Name	
Assessor Signature	

# ASSESSMENT TASK 2

## MANAGING AN UNCONSCIOUS NON BREATHING ADULT

### Learner Instructions:

You have been called to attend to someone in your workplace who is unconscious on the floor and NOT breathing.

You are to follow DRSABCD enlisting help to obtain an AED and first aid kit, while you perform uninterrupted CPR using PPE for a minimum of 2 minutes (5 cycles of 30 compressions: 2 breaths) and respond to regurgitation during CPR.

During the rescue you must coordinate a rotation of CPR rescuers with minimal disruption to CPR you are then to apply the AED and deliver at least one shock. You must finally give a verbal report/handover to emergency services (the trainer).

Your assessor will use the Checklist below to record the outcomes of the observation.

Learner's Name:		
<b>Observation Checklist</b>		
The learner demonstrated the following:	Attempts S/NS	
	First	Second
DANGER - Recognise and assess an emergency situation ensuring safety to self bystanders and casualty		
RESPONSE - used talk and touch method to elicit a response.		
SEND - Called 000 or delegated task to bystander, got help from others, sent for equipment - AED, first aid kit, PPE including resuscitation shield etc.		
AIRWAY - checked for potential blockage in mouth. No blockage found. - opening the airway using head tilt and chin lift method.		
BREATHING - checked for evidence for breathing by: <ul style="list-style-type: none"> <li>• Assessing for signs of normal breathing for approx. 10 seconds by: <ol style="list-style-type: none"> <li>a. looking across the chest for consistent rise and fall</li> <li>b. listening and feeling for air escaping from the nose and mouth</li> <li>c. feel for consistent rise and fall movements of breaths</li> </ol> </li> <li>• Identified that the casualty is NOT breathing normally</li> </ul>		
Positioning for CPR - With knees either side of their shoulder, one hand on top of the other hand or hands locked together and positioned in the centre of the chest (lower half of the sternum), leaning over the chest and locking elbows.		

Performed compressions - compressing one third chest depth at rate of 100-120 per minute with equal time for compression and relaxation, including full recoil of chest.		
Performed rescue breaths by: <ul style="list-style-type: none"> <li>• correct use of use appropriate PPE</li> <li>• full head tilt and chin lift</li> <li>• blocking nose with fingers, making a seal around mouth with lips, gave normal breath out for around one second until chest rises.</li> <li>• turned face toward the casualty's chest momentarily to watch for the fall of the chest then repeat.</li> </ul>		
Responding to regurgitation <ul style="list-style-type: none"> <li>• Roll person on to their side</li> <li>• Drain or sweep vomit from mouth of casualty</li> <li>• Open airway and check breathing</li> </ul>		
You have assessed that they are not breathing normally continue CPR		
Performed rotation of rescuers with minimal delays <ul style="list-style-type: none"> <li>• second rescuer start compressions after your 2 rescue breaths</li> </ul> Or <ul style="list-style-type: none"> <li>• countdown from 10 to 0 while compressing for second rescuer to start compressions on the count of 0</li> </ul>		
Operated and applied an AED correctly by: <ul style="list-style-type: none"> <li>• turning the AED on</li> <li>• following audible prompts to apply electrode pads on clear bare skin where indicated while CPR is continued by another rescuer</li> <li>• ensuring the safety of all bystanders to cease CPR and stand clear when the AED directs a shock is required.</li> </ul>		
Displayed respectful behaviour towards casualty		
Verbally accurately conveyed incident details to emergency response services including times, condition of casualty and known history, first aid provided and changes in condition.		
Learner reviews CPR response.		
<b>Assessment Outcome</b>		
The learner satisfactorily demonstrated all tasks: <input type="checkbox"/> Yes <input type="checkbox"/> No		
The Outcome for this Assessment Activity is: Not Yet Satisfactory <input type="checkbox"/> Satisfactory <input type="checkbox"/>		
<b>Feedback to Learner</b>		
Assessor Name		
Assessor Signature		

# TASK 3

## CHILD CPR (This is a non assessable task)

### Learner Instructions:

A child is lying lifeless on the floor.

Performing uninterrupted child CPR for a minimum of 2 minutes (5 cycles of 30 compressions: 2 breaths).

Your assessor will use the Checklist below to record the outcomes of the observation

Learner's Name:		
<b>Observation Checklist</b>		
The learner demonstrated the following	Attempts S/NS	
	First	Second
Positioning for CPR - With knees either side of their shoulder, either one hand or two hands technique in the centre of the chest (lower half sternum) can be used.		
Performed compressions - compressing one third chest depth at rate of 100-120 per minute with equal time for compression and relaxation, including full recoil of chest.		
Performed rescue breaths by: <ul style="list-style-type: none"> <li>• Correct use of use appropriate PPE</li> <li>• full head tilt and chin lift</li> <li>• blocking nose with fingers, making a seal around mouth with lips, give normal breath out for around one second until chest rises.</li> <li>• turning face toward the casualty's chest momentarily to watch for the fall of chest then repeat.</li> </ul>		
Displayed respectful behaviour towards casualty		
<b>Assessment Outcome</b>		
The learner satisfactorily demonstrated all tasks: <input type="checkbox"/> Yes <input type="checkbox"/> No		
The Outcome for this Assessment Activity is: Not Yet Satisfactory <input type="checkbox"/> Satisfactory <input type="checkbox"/>		
<b>Feedback to Learner</b>		
Assessor Name		
Assessor Signature		

# ASSESSMENT TASK 4

## INFANT CPR

### Learner Instructions:

A parent holding a baby who appears lifeless. They scream out for help.

Performing uninterrupted infant CPR for a minimum of 2 minutes (5 cycles of 30 compressions: 2 breaths) on a firm surface.

Your assessor will use the Checklist below to record the outcomes of the observation

Learner's Name:		
<b>Observation Checklist</b>		
<b>The learner demonstrated the following</b>	<b>Attempts S/NS</b>	
	<b>First</b>	<b>Second</b>
Positioned infant casualty on firm surface (table/bench/floor)		
BREATHING - checked for evidence of normal breathing by: <ul style="list-style-type: none"> <li>correctly positioning a face shield over the casualty's face</li> <li>opening airway with lift of the chin</li> <li>assessing for signs of normal breathing for approx. 10 seconds by: <ol style="list-style-type: none"> <li>looking across the chest for consistent rise and fall</li> <li>listening and feeling for air escaping from nose and mouth</li> <li>feel of consistent up and down movement of breath</li> </ol> </li> <li>identified that the infant casualty is not breathing normally</li> </ul>		
Performed compressions - Place two fingers along the lower half of the sternum, compressing $\frac{1}{3}$ chest depth at a rate of 100-120 per minute.		
Performed rescue breaths by <ul style="list-style-type: none"> <li>supporting chin with NO head tilt</li> <li>made a seal around their mouth and nose with your lips.</li> <li>giving two small puffs of air and looking for chest rise</li> <li>turning head toward chest momentarily between puffs</li> </ul>		
Displayed respectful behaviour towards casualty		
<b>Assessment Outcome</b>		
The learner satisfactorily demonstrated all tasks: <input type="checkbox"/> Yes <input type="checkbox"/> No		
The Outcome for this Assessment Activity is: Not Yet Satisfactory <input type="checkbox"/> Satisfactory <input type="checkbox"/>		
<b>Feedback to Learner</b>		
Assessor Name		
Assessor Signature		



# Record of Assessment Outcome

Use this Form to record the outcome of all assessments and to support your version of competency.

<b>Candidate Name</b>			
<b>Unit</b>	HLTAID009 Provide Cardiopulmonary Resuscitation		
<b>Qualification</b>			
<b>Assessor</b>			
		<b>Satisfactory</b>	<b>Not Yet Satisfactory</b>
The candidate has satisfactorily completed:			
Online Question and Answer		<input type="checkbox"/>	<input type="checkbox"/>
Online Report		<input type="checkbox"/>	<input type="checkbox"/>
Practical Assessment Tasks 1 – 4		<input type="checkbox"/>	<input type="checkbox"/>
<b>Overall, the candidate was assessed as:</b> Competent <input type="checkbox"/> Not Yet Competent <input type="checkbox"/>			
<b>The following gaps have been identified as requiring further training and skills development prior to re-assessment:</b>			
<b>Feedback to candidate:</b>			
<b>The candidate has been provided with feedback and informed of the assessment result and the reasons for the decision.</b>			
<b>Signature of Assessor:</b>		Date	
<b>Signature of Learner:</b>		Date	